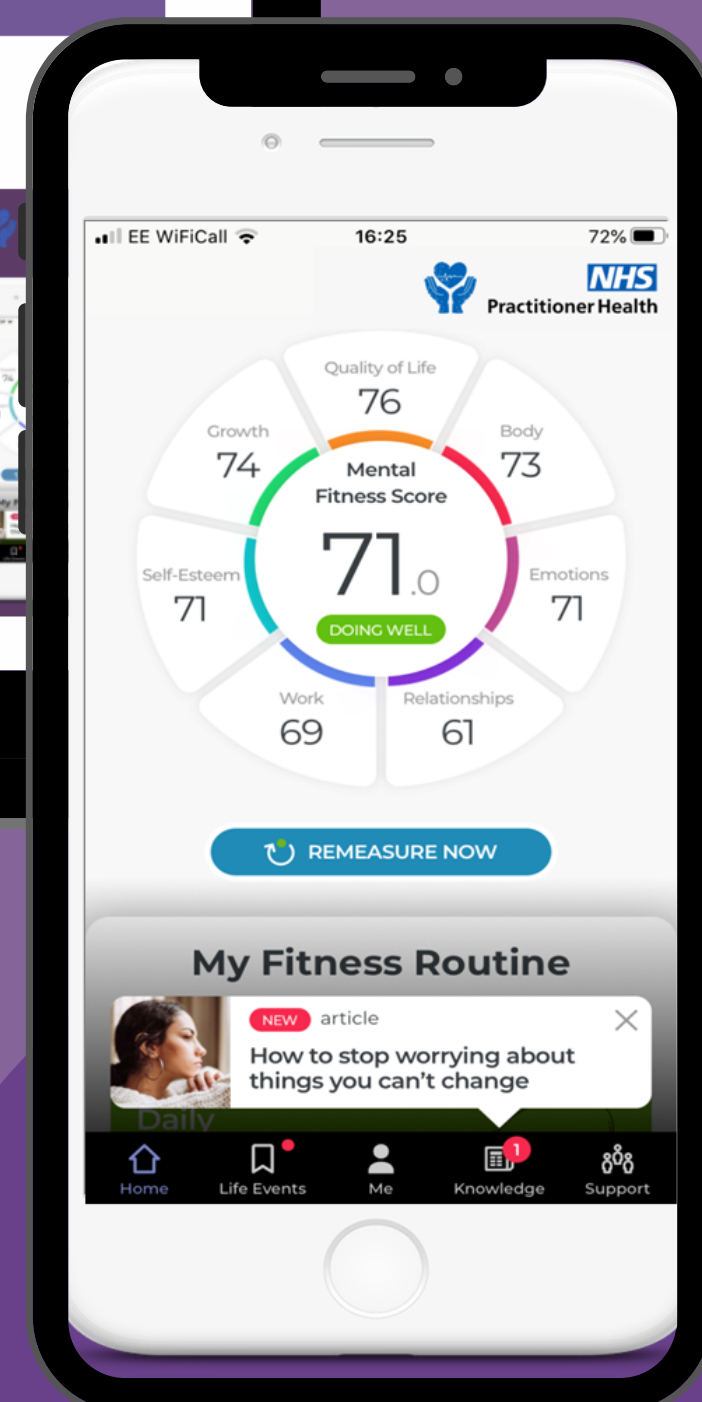
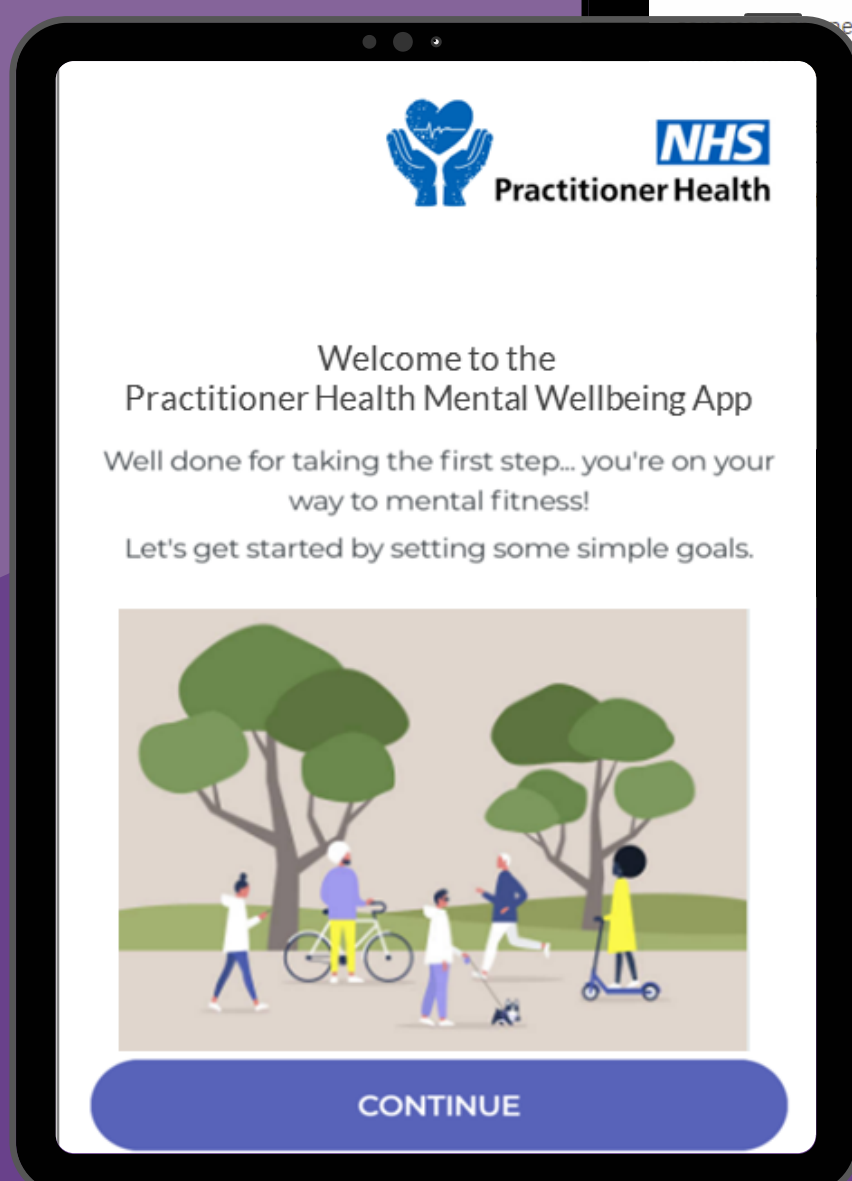
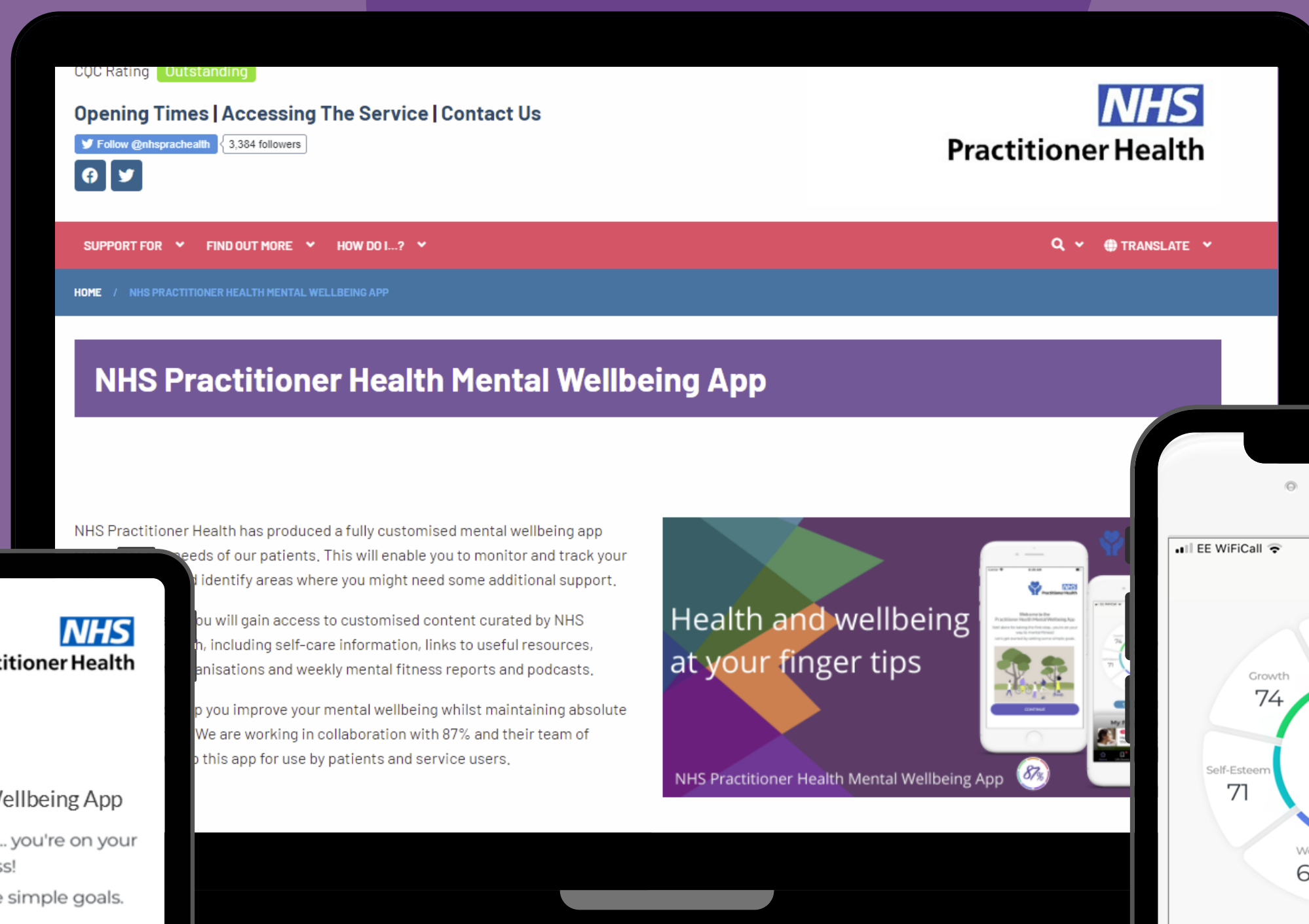


NHS Practitioner Health Mental Wellbeing App

**DOWNLOAD OUR FREE
WELLBEING APP**



Health and Wellbeing at your fingertips

NHS Practitioner Health has produced a fully customised mental wellbeing app tailored to the needs of our patients. This will enable you to monitor and track your own wellbeing and identify areas where you might need some additional support.

Our focus is to help you improve your mental wellbeing whilst maintaining absolute privacy and trust. We are working in collaboration with 87% and their team of experts to develop this app for use by patients and service users.

To sign up visit our website.

 www.practitionerhealth.nhs.uk
 **0300 0303 300**
 prac.health@nhs.net

